Claims

- 1. An internal combustion engine having a crankshaft, comprising: a locking mechanism coupled to the crankshaft, said locking mechanism allowing crankshaft rotation in one direction only.
 - 2. The engine of claim 1 wherein said locking mechanism comprises a freewheel clutch.
- 3. The engine of claim 2 wherein said freewheel clutch is positioned between a gearbox and the engine.
- 4. The engine of claim 1 wherein said locking mechanism comprises ratchets that engage with a gear coupled to the crankshaft.
 - 5. An internal combustion engine having a crankshaft, comprising:
- a locking mechanism coupled to the crankshaft, said locking mechanism preventing crankshaft rotation.
 - 6. The engine of claim 5 wherein said locking mechanism comprises pins that engage with a gear coupled to the crankshaft.

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- 7. The engine of claim 5 wherein said locking mechanism comprises ratchets that engage with a gear coupled to the crankshaft.
- 30 8. The engine of claim 5 wherein said locking mechanism comprises a friction belt that engages with the crankshaft.

9. A method for shutting down an internal combustion engine, comprising:

stopping the engine in a predetermined rest position wherein the predetermined rest position is such that motoring torque is decreasing during the first phase of restart; and

locking the engine in said predetermined rest condition via a locking mechanism.

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- 10. The method of claim 9 wherein the locking mechanism prevents engine rotation.
- 11. The method of claim 10 wherein said locking 15 mechanism comprises pins that engage with a gear coupled to the crankshaft.
- 12. The method of claim 10 wherein said locking mechanism comprises ratchets that engage with a gear coupled to the crankshaft.
 - 13. The method of claim 10 wherein said locking mechanism comprises a friction belt that engages with the crankshaft.

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- 14. The method of claim 9 wherein the locking mechanism allows the engine to rotate in one direction only.
- 15. The method of claim 14 wherein said locking 30 mechanism comprises a freewheel clutch.

- 16. The method of claim 15 wherein said freewheel clutch is positioned between a gearbox and the engine.
- 17. The method of claim 14 wherein said locking 5 mechanism comprises ratchets that engage with a gear coupled to the crankshaft.